

Gluten	Soya	Peanuts	Nuts	Sesame	Lupin	Milk	Eggs	Sulphites	Celery	Mustard	Fish	Molluscs	Crustacean
Mand	atory a	llergen	s conta	ins:									
✓	✓	✓	Z	Z		Z		✓		✓			
Key													
✓	✓ Listed in ingredients												
May contain traces													
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Product Name: Toast Craft Lager 330ml (5%)

Ingredients: HOPS (Perle, Spalet, Mittelfruh), MALTS (Pale Ale Malt, Caramalt, Surplus Bread).

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Chill before drinking.

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A

Salt (g): N/A

Product Name: Toast Pale Ale 330ml (5%)

Ingredients: HOPS (Admiral, UK Cascade, Olicanna, Chinook, Jester), MALTS (Pale Ale Malt, Caramalt, Munich, Surplus

Bread).

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Chill before drinking.

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A
Salt (g):	N/A

Product Name: Freedom Brewery Freedom Pilsner Lager Golden Bittersweet 330ml (4.4%)

Ingredients: Spring Water, BARLEY, HOPS, Yeast.

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Chill before drinking.

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A
Salt (g):	N/A

Product Name: Spey Valley Brewery David's Not So Bitter Ruby Ale 330ml (4.4%)

Ingredients: Water, MALTED BARLEY, MALTED WHEAT, Hops and Yeast.

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Chill before drinking.

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A



Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A
Salt (g):	N/A

Product Name: Capital Crisps Sea Salt 75g

Ingredients: Potato Flakes, Sunflower Oil, SEMOLINA (WHEAT), Potato Starch, Salt, Antioxidant.

Allergens: For allergens, see ingredients in CAPITALS. May contain traces of MILK and MUSTARD.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	2190
Energy (kcal):	524
Fat (g):	29
Fat of which saturates (g):	3
Carbohydrate (g):	59
Carbohydrate of which sugars (g):	0.9
Protein (g):	6.7
Salt (g):	1.5

Product Name: VIP Nuts Hot Honey & Mustard 63g

Ingredients: PEANUTS (96%), Rapeseed Oil, Honey and Mustard Flavour Seasoning (Sugar, Salt, Honey Powder, Flavouring, Spice (MUSTARD, Green Cardamom, Star Anise), Malt Vinegar Powder (BARLEY)).

Allergens: For allergens, see ingredients in CAPITALS. May contain traces of SESAME and NUTS.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	2578
Energy (kcal):	622
Fat (g):	53
Fat of which saturates (g):	9.5
Carbohydrate (g):	7.8
Carbohydrate of which sugars (g):	3.8
Protein (g):	28.5
Salt (g):	1.25

Product Name: Olly's Pretzel Thins Sour Cream & Onion 35g

Ingredients: WHEAT Flour, Sunflower Oil, Sour Cream & Onion Flavouring, Sugar, Malt Extract, Salt, **SOY** Lecithin, Raising Agent: Ammonium Bicarbonate.

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in a cool, dry place.



Typical Value per 100g

Energy (kj):	1410
Energy (kcal):	335
Fat (g):	8.2
Fat of which saturates (g):	0.9
Carbohydrate (g):	63.4
Carbohydrate of which sugars (g):	2.6
Protein (g):	10
Salt (g):	1.7

Product Name: Serious Pig Snacking Pickles with Chilli 40g

Ingredients: Baby Cucumbers (94%) [Cucumbers, Salt, Acidity Regulator (Acetic Acid), Preservative (Potassium METABISULPHITE (SULPHITES)), Firming Agent (Calcium Chloride)], Pickled Hot Red Peppers (2%) [Peppers, Salt, Acidity Regulator (Citric Acid)], Hot Red Pepper Powder (1.3%), Wine Vinegar, Dried Red Peppers, Preservative (Potassium Sorbate), Acidity Regulator (Lactic Acid).

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	187
Energy (kcal):	45
Fat (g):	0.6
Fat of which saturates (g):	0.1
Carbohydrate (g):	7.3
Carbohydrate of which sugars (g):	7.3
Protein (g):	1.3
Salt (g):	4

Product Name: Made for Drink Chorizo Thins 18g

Ingredients: Sliced and Cooked Chorizo Picante (Duroc Pork Shoulder, Pork Belly, Hot Paprika De La Vera, Salt & Garlic).

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in a cool, dry place.

Typical Value per 100g

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Energy (kj):	2411
Energy (kcal):	581
Fat (g):	45.7
Fat of which saturates (g):	19.3
Carbohydrate (g):	2.8
Carbohydrate of which sugars (g):	<0.1
Protein (g):	38.7
Salt (g):	5.82

